

FOOTBALL MEDICINE STRATEGIES

RETURN TO PLAY

9th - 11th April, 2016 - LONDON
The Queen Elizabeth II Conference Centre



FIFA 11+

A COMPLETE WARM-UP PROGRAMME



In partnership with

FIFA



**FOOTBALL
FOR HEALTH
F-MARC**



FOOTBALL MEDICINE STRATEGIES RETURN TO PLAY

Date

9th-10th April, 2016

Venue

The Queen Elizabeth II Conference Centre, London (UK)

4th SCIENCE OF FOOTBALL SUMMIT

Youth Football Development: an investment for the future

Date

11th April, 2016

Venue

The Queen Elizabeth II Conference Centre, London (UK)

PRESIDENTS

Peter Brukner & Stefano Della Villa

SCIENTIFIC DIRECTION

Phil Batty & Giulio Sergio Roi

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www.isokinetic.com



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Football Medicine Strategies



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Football Medicine Strategies

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RETURN TO PLAY

A recent study showed that **only 55% of players return to competitive sport** following an anterior cruciate ligament reconstruction. *Ardern CL et al, BJSM 2014*

It is also demonstrated that **the risk of sustaining a subsequent new ACL injury is 5.8% for the ipsilateral and 11.8% for the contralateral limb** at a minimum of five years follow up. *Wright RW et al, JBJS 2011*

In the end, it is all about "Return to Play"(RTP), and the only question doctors, players and teams, seem to care about is **"when will the player be back on the field, safely?"**

RTP is a broad subject and this Conference aims to give you a wider vision, one which can help you to be successful in your career. We will do this by sharing the expertise and the knowledge that has taken those to the top of Football Medicine and Science. More specifically Return to Play will be analysed through sharing different points of view and disciplines: sports medicine, orthopaedics, sports science, physical therapy, psychology, general medicine, radiology, osteopathy, podiatry, athletic trainers and team coaches. Through this multidisciplinary approach you will gain a deeper understanding of the whole sports medicine and rehabilitation process, and not only the techniques themselves.

Our purpose is to bring health into the world of football. **There are nearly 300 million football players in the world** and we want to help, so that when you are part of the team caring for player health, you will have the skills to be at the top of world Football Medicine Community.



A GLOBAL P

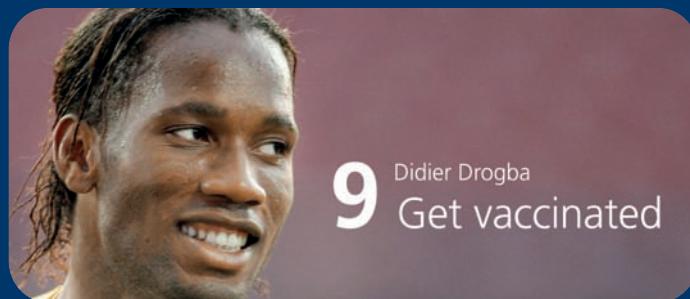
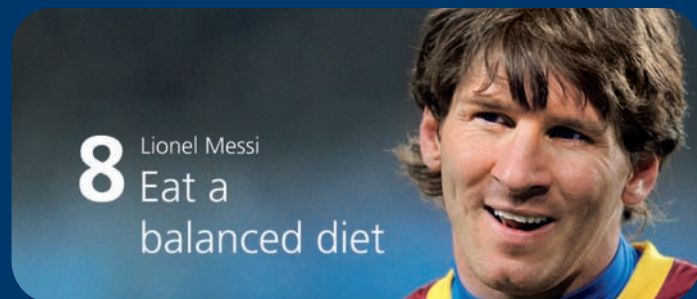
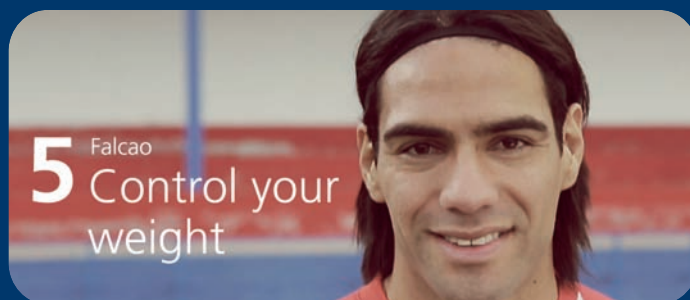
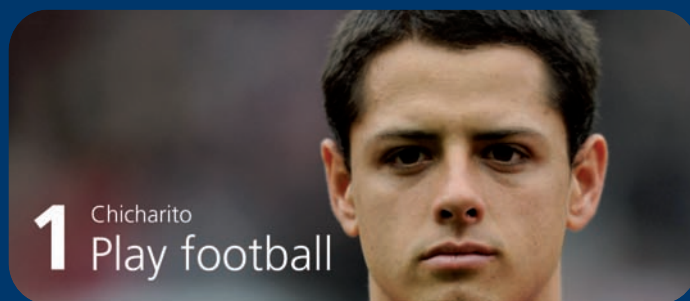
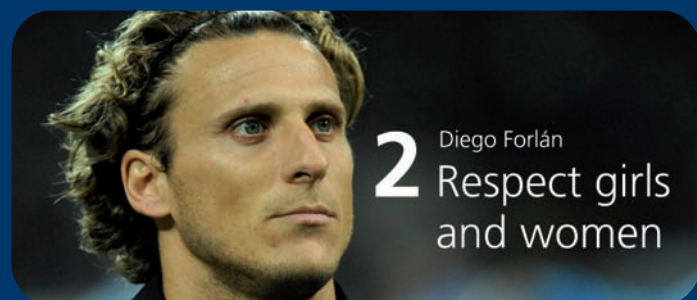


Make your
country a
stronger player



FOOTBALL FOR HEALTH F-MARC

Once again the Conference will be organised in partnership with F-MARC, the FIFA Medical Assessment and Research Centre, hosting the annual meeting of FIFA Medical Centres of Excellence, the international excellence community leading health in and through the game of football.



Take your Chance

OPEN YOUR MIND

LEARN

DEVELOP YOUR PROFESSIONAL NETWORK

INTERACT

MEET NEW PEOPLE

LAUNCH YOUR FUTURE CAREER

BE MOTIVATED

info: students@isokinetic.com



Scientific Programme

Saturday 9th April, 2016 - Morning QEI Conference Centre

Fleming Room



9:00 **Official Welcome** Brukner P (AUS), Della Villa S (ITA)

The international landscape of Return to Play (RTP)

Chairs:
D'Hooghe M (BEL), Della Villa S (ITA)

- 9:15 **Scientific review of RTP**
Bahr R (NOR)
- 9:30 **Surgical implications for RTP**
Williams A (UK)
- 9:45 **Role of clinical judgement in RTP decisions**
Batty P (UK)
- 10:00 **RTP: the role of the team doctor**
Dvorak J (SUI)
- 10:15 **The historical battle in RTP decisions: criteria vs time**
Snyder-Mackler L (USA)
- 10:30 Discussion
- 11:00 Break

Fleming Room



Basic science and RTP

Chairs:
Gobbi A (ITA),
Haddad F (UK)

- 11:30 **Injury patterns and RTP principles**
Shrier I (CAN)
- 11:45 **Overview of biomechanics, orthobiologics and RTP issues**
Mandelbaum B (USA)
- 12:00 **Surgical advances for earlier RTP**
Erggelet C (SUI)
- 12:15 **Progressive mechanical stimuli in the recovery process**
Cook J (AUS)
- 12:30 **Neuroscience: "brain pain" and sports recovery**
Lindsay M (CAN)
- 12:45 Discussion
- 13:00 Break

Churchill Auditorium



RTP in shoulder and spinal pathologies

Chairs:
Axe M (USA),
Mayer M (GER)

- 11:30 **RTP after shoulder surgical stabilisation**
Landreau P (QAT)
- 11:45 **RTP after rotator cuff injuries**
Randelli P (ITA)
- 12:00 **RTP in spondylolysis and vertebral pedicle fracture**
Fahy D (UK)
- 12:15 **RTP for conservatively managed low back pain**
Todd C (UK)
- 12:30 **RTP after herniated disc surgery**
Tencone F (ITA)
- 12:45 Discussion
- 13:00 Break

Workshops Area



Muscle Tech Network - FC Barcelona

Chair: Til Pérez L (ESP)

Latest researches on muscle injuries classification, prevention, rehabilitation and return to play

Saturday 9th April, 2016 - Afternoon QEII Conference Centre

Fleming Room

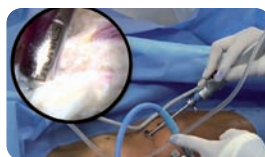


RTP following ACL injury

Chairs:
Cohen M (BRA),
Marcacci M (ITA)

- 14:30 RTP after ACLR in men's professional football
Waldén M (SWE)
- 14:45 RTP in ACL: criteria vs time
Weiler R (UK)
- 15:00 Role of prehabilitation in accelerated RTP
Risberg MA (NOR)
- 15:15 RTP after ACLR: outcome predictors analysis
Della Villa F (ITA)
- 15:30 Prevention and management of ACLR complications
Fu F (USA)
- 15:45 Discussion
- 16:00 Break

Churchill Auditorium



How to manage RTP for hip and groin injuries

Chairs:
Griffin D (UK),
Zaslav K (USA)

- 14:30 RTP in adductor-related groin pain
Brukner P (AUS)
- 14:45 Prevention of recurrence of adductor-related groin pain
Weir A (NED)
- 15:00 RTP after groin surgery
Kemp S (UK)
- 15:15 RTP after adductor longus avulsion
Schilders E (UK)
- 15:30 RTP following hip arthroscopy
Holmich P (DEN)
- 15:45 Discussion
- 16:00 Break

Fleming Room



Impact of knee injuries on RTP

Chairs:
Ferretti A (ITA),
Nathwani D (UK)

- 16:30 RTP following conservative treatment of the MCL
Goedhart E (NED)
- 16:45 Can posterolateral corner surgery influence the outcome?
Zorzi C (ITA)
- 17:00 RTP following meniscal lesions
Neyret P (FRA)
- 17:15 RTP after cartilage surgery: time or criteria?
Espregueira-Mendes J (POR)
- 17:30 RTP after multiple ligament injuries
Denti M (ITA)
- 17:45 Discussion
- 18:00 End of the day

Churchill Auditorium



RTP in foot & ankle injuries

Chairs:
Andersen TE (NOR),
Smith G (UK)

- 16:30 RTP following conservative treatment of ankle sprain
Garcia Cota JJ (ESP)
- 16:45 Getting to the point... return to performance in football and ballet
Bell P (UK)
- 17:00 RTP in stress fractures of ankle and mid foot
D'Hooghe P (QAT)
- 17:15 RTP in V metatarsal fracture
Vannini F (ITA)
- 17:30 RTP in retrocalcaneal bursitis: surgery or conservative treatments
Pereira H (POR)
- 17:45 Discussion
- 18:00 End of the day

Workshops Area



Scientific Association Symposia

ISEH Chair: Haddad F (UK)

ISMULT Chair: Maffulli N (ITA)

ECOSEP Chair: Malliaropoulos N (GRE)

IFSPT Chair: Bizzini M (SUI)

Fleming Room



Can regenerative medicine change RTP outcomes?

Chairs:
Filardo G (ITA), Mithofer K (USA)

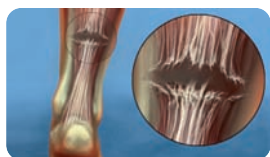
- 8:00 PRP and RTP: scientific, clinical and ethical implications Maffulli N (ITA)
- 8:15 Future trends: are Stem Cells the answer? De Girolamo L (ITA)
- 8:30 Regenerative medicine role in RTP after muscle and tendon injuries Cugat R (ESP)
- 8:45 How can regenerative medicine affect RTP after cartilage injuries? Williams R (USA)
- 9:00 A team's experience with regenerative medicine Medina D (ESP)
- 9:15 Discussion



RTP following muscle injuries

Chairs:
Lewin C (UK), Malliaropoulos N (GRE)

- 9:30 Managing RTP in players with recurrent hamstring injuries Askling C (SWE)
- 9:45 RTP after quadriceps injury Fevre D (UK)
- 10:00 RTP case history after adductor injury Iqbal Z (UK)
- 10:15 Calf injuries and RTP considerations O'Neill S (UK)
- 10:30 RTP after compartment syndrome Edwards T (NZL)
- 10:45 Discussion
- 11:00 Break



RTP following Tendon injuries

Chairs:
Benazzo F (ITA), Engebretsen L (NOR)

- 11:30 Healing of tendon structure and restoration of function Masci L (UK)
- 11:45 RTP in conservative management of anterior knee pain Khan K (QAT-CAN)
- 12:00 Surgical choices for patellar tendon injury and implications for RTP Alfredson H (SWE)
- 12:15 RTP in conservative management of ankle tendon pathology Fearn J (UK)
- 12:30 Surgical choices for ankle tendon injuries and implications for RTP Calder J (UK)
- 12:45 Discussion
- 13:00 Break

Churchill Auditorium



Long term consequences of injuries

Chairs:
Batt M (UK), Papacostas E (GRE)

- 8:00 Managing the last years of career of "high injury risk" player Sas K (BEL)
- 8:15 Most common medical problems in players after retirement Serratos L (ESP)
- 8:30 Life after football: medical care for ex footballers Cowie C (UK)
- 8:45 Mental health in current and retired players Gouttebarger V (NED)
- 9:00 Long term management of OA in the retired players Roos E (DEN)
- 9:15 Discussion



Medical and psychological issues in RTP

Chairs:
Beasley I (UK), Pigozzi F (ITA)

- 9:30 RTP criteria following concussion Perry M (UK)
- 9:45 Heart disease and the complications for RTP Sharma S (UK)
- 10:00 RTP following medical illness Schwellnus M (RSA)
- 10:15 Nutrition support during injury and RTP Maughan R (UK)
- 10:30 Cognitive behavioural therapy and fear of re-injuries Maricci T (ITA)
- 10:45 Discussion
- 11:00 Break



RTP and the nightmare of re-injury

Chairs:
Berruto M (ITA), Forssblad M (SWE)

- 11:30 Re-injuries in the UEFA Elite Club Injury Study Ekstrand J (SWE)
- 11:45 Secondary prevention following knee surgery Silvers H (USA)
- 12:00 Secondary prevention for muscle and tendon injuries Witvrouw E (QAT)
- 12:15 Managing RTP in players with history of recurrence Eirale C (QAT)
- 12:30 Training load and injury risk: can technology help to navigate in the perfect storm? Gabbett T (AUS)
- 12:45 Discussion
- 13:00 Break

Mountbatten Room



Chairs:
Brukner P (AUS), Delcogliano A (ITA), Knowles B (USA), Peterson L (SWE)

BEST CASE REPORT AWARD

- 9:30 CONTEST SESSION 1
Selected paper from #1 to #7
- 11:30 CONTEST SESSION 2
Selected paper from #8 to #14
- 13:00 Award Ceremony for the best three clinical case reports

Fleming Room



Functional exercises and RTP

Chairs:
Spalding T (UK),
Zanobbi M (UK)

- 14:30 **The foundation of RTP: no pain, no swelling, full ROM**
Hambly K (UK)
- 14:45 **The "progressive load" concept in RTP process**
Rivaroli S (ITA)
- 15:00 **Neuromuscular training in RTP**
Hewett T (USA)
- 15:15 **Manual therapies and exercise in RTP process**
Diquigiovanni A (ITA)
- 15:30 **Functional training approach: progression from the beginning to RTP**
Clancy D (UK)
- 15:45 Discussion
- 16:00 Break

Churchill Auditorium



Monitoring RTP process

Chairs:
Melegati G (ITA),
Narici M (UK)

- 14:30 **The value of pre-season testing and screening for RTP**
Ueblicker P (GER)
- 14:45 **Imaging's role in RTP process?**
Lee J (UK)
- 15:00 **Hop testing as an indicator for RTP**
Falvey E (IRL)
- 15:15 **Blood and laboratory testing options**
Banfi G (ITA)
- 15:30 **Role of patient reporting in RTP outcomes**
Irrgang J (USA)
- 15:45 Discussion
- 16:00 Break

Fleming Room



Football reconditioning and RTP

Chairs:
English B (UK),
Neville C (UK)

- 16:30 **Science of football reconditioning and RTP**
Dupont G (FRA)
- 16:45 **Use of the pool in football reconditioning**
Puig P (FRA)
- 17:00 **Use of the pitch in football reconditioning**
Forsythe S (UK)
- 17:15 **Planned performance reconditioning - the bridge for a return to team training**
Knowles B (USA)
- 17:30 **From football reconditioning to the first competitive match**
Gimpel M (UK)
- 17:45 Discussion
- 18:00 End of the day

Churchill Auditorium



Objective evaluation in RTP decision

Chairs:
Rosa D (ITA),
Sonnerly-Cottet B (FRA)

- 16:30 **Movement analysis for RTP decision making**
Franklyn-Miller A (IRL)
- 16:45 **The role of Isokinetic testing in RTP decision making**
Olmo J (ESP)
- 17:00 **The aerobic and anaerobic threshold test**
Fazzini D (ITA)
- 17:15 **Laxity measurement tools**
Zaffagnini S (ITA)
- 17:30 **Football specific field testing**
Lewin G (UK)
- 17:45 Discussion
- 18:00 End of the day

Workshops Area



Scientific Association Symposia

ISEH Chair: Haddad F (UK)

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ECOSEP Chair: Malliaropoulos N (GRE)

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Free Oral and Poster Sessions

The Scientific board of the 2016 Return To Play Conference encourages all to contribute and help shape the conference through submissions of original research abstracts, papers and posters. Sharing your experience with the Football Medicine Community provides more opportunities for communication on research topics and the exchange of practical information. It is the largest gathering of the world's specialists in Football Medicine, so there is a great opportunity to discuss with and get feedback from other researchers and practitioners in the field.

How? You can participate by either presenting Free Oral Communication or a Free Poster Communication. Please write to conference@isokinetic.com for further information about abstract submission guidelines.

Key date: abstracts have to be submitted by **January 15, 2016**.

All the accepted abstracts will be published in the Abstract Book, which is distributed to all participants during the Conference and available in bookshops after the event. **Get involved!**

Free Oral Communications on Return to Play

Saturday 9th April, 2016

- 11:30 **Basic science and regenerative medicine**
Chairs: Madonna V (ITA), Panics G (HUN)
- 14:30 **Rehabilitation**
Chairs: Bianchedi D (ITA), Tsoukas D (GRE)
- 16:30 **Functional assessment**
Chairs: Buckthorpe M (UK), Susta D (IRL)

Sunday 10th April, 2016

- 9:30 **Orthopaedic surgery**
Chairs: Angele P (GER), Ardevol J (ESP)
- 11:30 **Medical issues**
Chairs: Pedrinelli A (BRA), Stride M (UK)
- 14:30 **Muscle and tendon injuries**
Chairs: Nanni G (ITA), Rogers R (UK)
- 16:30 **Joint injuries**
Chairs: Danelon F (ITA), Tsapralis K (ITA)

Free Poster Communications on Return to Play

Saturday 9th April, 2016

- 13:30 **Basic science and regenerative medicine**
Chairs: Filardo G (ITA), Turmo A (ESP)
- 13:30 **Rehabilitation**
Chairs: Boldrini L (ITA), Marconato A (UK)
- 13:30 **Orthopaedic surgery**
Chairs: Respizzi S (ITA), Vannini F (ITA)
- 13:30 **Functional exercises**
Chairs: d'Orsi G (ITA), Freschi M (ITA)

Sunday 10th April, 2016

- 13:30 **Monitoring return to play process**
Chairs: Brotto E (ITA), Roi GS (ITA)
- 13:30 **Reconditioning**
Chairs: Tomaello L (ITA), Tzouroudis N (GRE)
- 13:30 **Return to play in other sports**
Chairs: Broman D (UK), Zunarelli P (ITA)

4th Science of Football Summit

Youth Football Development: an investment for the future



The Academies of Football Clubs develop talented young footballers from the age of 8 to 20 years old with the goal of facilitating the transition of young players into the first team. Amongst this pool of young talent grows the superstars of tomorrow. This is why we have decided to focus the attention of the 4th Science of Football Summit on the development of the young footballer. Like the past years, the Monday symposium is specifically designed for those specialists involved in the development of young players: launching this talent, medical services and health programmes, prevention and treatment of injuries, physical preparation, and the technical and development coaching.

Monday 11th April, 2016 QEII Conference Centre

Churchill Auditorium

Scientific Programme

9:00 **Opening and Welcome** Davison M (UK), Roi GS (ITA)

Youth Athletic Development

Chairs: Gregson W (UK), Roddy G (UK)

- 9:15 **Youth Development and elite player performance plan** Roddy G (UK)
- 9:30 **The Belgium vision on Youth Development** Browaeys B (BEL)
- 9:45 **Managing and launching great talents: "cantera" of FC Barcelona** Til Pérez L (ESP)
- 10:00 **Tracking the player: 10 years injury histories and performance in a French football academy** McCall A (FRA)
- 10:15 **Medical services in academies: the vision of Manchester City** Downie G (UK)
- 10:30 **The USA model: high school and college sports Health Program** Silvers H (USA)
- 10:45 Discussion
- 11:00 Break

Keynote Lecture

Chair: Tyler M (UK)

11:30 **Managing young players** (Leading Manager)

Managing load on young footballers

Chairs: Iga J (UK), Massey A (UK)

- 12:00 **General principles of load management in academies** Drust B (UK)
- 12:15 **Optimising neuromuscular performance in young footballers** Mendez-Villanueva A (QAT)
- 12:30 **Athletic development strategies for adolescent athletes** Knowles B (USA)
- 12:45 **Monitoring training load in elite adolescent athletes** Abbott W (UK)
- 13:00 **Monitoring workloads in young footballers** Lemmink K (NED)
- 13:15 Discussion
- 13:30 Break

How to prevent and treat the most frequent injuries

Chairs: De Carli A (ITA), Servien E (FRA)

- 14:30 **Osteochondritis dissecans** Chomiak J (CZE)
- 14:45 **ACL and meniscus injuries in adolescents** Seil R (LUX)
- 15:00 **Low back pain in adolescent players** Mayer M (GER)
- 15:15 **Medico legal and ethics implication in adolescents'** RTP Millson H (UK)
- 15:30 Discussion

Building a Youth Player Development Consensus Statement

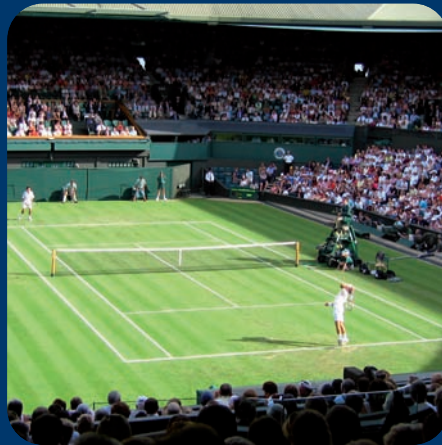
Chairs: Armstrong N (UK), Brukner P (AUS)

- 16:00 **FIFA 11+ Kids** Bizzini M (SUI)
- 16:15 **USA STOP Programme** Reider B (USA)
- 16:30 **OIC: Young Player Development** Armstrong N (UK)
- 16:45 Discussion
- 17:00 End of the Conference



London: City of Sports

London has a special place in the history of football, and it is the city with the highest number of high level football teams in the world. Aside from this, London has hosted the Summer Olympics Games three times, the Paralympic Games, the Commonwealth Games, the Rugby World Cup, NFL International Series, Wimbledon's Tennis Championships, and other international sporting events.



Best Case Report Award

#RTP2016 contest

Have you undertaken original research on specific player injuries that you have treated? This is your occasion! On Sunday 10th April 2016, during RTP2016, you have the chance to present your case report and share it with the International Football Medicine Community in an official scientific session. A jury of four of the most important specialists in the field will evaluate the presentations and award the three best case reports. These will win a prize. For 1st there is a prize of £1,500 together with the possibility to participate in the 2017 Conference as an official speaker. Write to the Organising Secretariat conference@isokinetic.com to receive all the guidelines.

1

Injuries turn into stories

Narrative Medicine teaches us that clinical pearls can be memorable if attached to real events or an actual person. Clinicians enjoy reading case reports and find them helpful in everyday practice.

2

Share your story with us

The **Best Case History Award** is an opportunity for you to share, with international colleagues, the experience learned from one patient you have accompanied from the moment of trauma to the time of Return to Play.

3

How to present the story

The **authors** should send the abstract of the Case Report in English, using the special form enclosed (*), to conference@isokinetic.com. The maximum number of authors is three and the first one will present the case. The first author may submit only one abstract.

4

Compete for the Award

To **compete for the Award** the participant needs to complete the administrative procedure to subscribe and pay the conference subscription. The abstract should be sent between 1st November 2015 and 1st February 2016.

5

The selection phase

All the abstracts will be reviewed by a Scientific Committee that will assign a score to each abstract considering: information presented in a logical sequence, appropriate for the topic, relevance for Return to Play, objective criteria used during the recovery process.

6

The final phase

The **best fourteen abstracts** will be presented in the Mountbatten Room, at the QEII Conference Centre. The abstracts of the other contestants will be included in free paper sessions (oral presentation and poster) and will be printed in the official abstract book

7

The judges' panel

Four judges will chair the final phase. This will be divided into two different sessions of seven presentations. Each speaker will have 10 minutes. The judges' panel will decide the final ranking considering: quality of the slides, conclusions supported by the results, take home message, impact on Return to Play and ability to answer questions professionally.

8

The Awards Ceremony

The **£1,500 (1st Prize)**, **£1,000 (2nd Prize)** and **£500 (3rd Prize)** Awards will be presented by the judges in a dedicated ceremony in the Mountbatten Room. The winner of the first prize will also be invited as an official speaker in the next edition of the Conference.



Bringing together Sport



1993

ROME



1995

RIMINI



1997

BOLOGNA



1999

BOLOGNA



2001

BOLOGNA



2003

MILAN



FLORENCE

1994



1996

BOLOGNA



2000

BOLOGNA



BOLOGNA

2002



1992

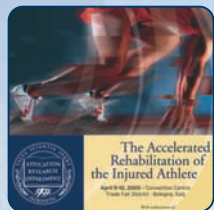
GARDA LAKE



1998

BOLOGNA

s Medicine for 25 years



2005

BOLOGNA



2007

MILAN



2009

BOLOGNA



2011

BOLOGNA



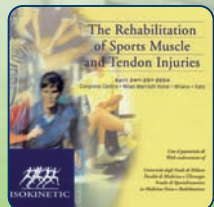
2013

LONDON



2015

LONDON



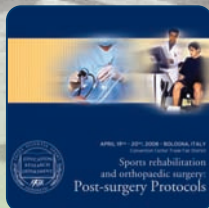
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2004



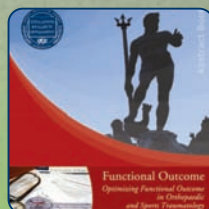
TURIN

2006



BOLOGNA

2008



BOLOGNA

2010



LONDON

2012



MILAN

2014

Faculty



Abbott Will
Brighton (UK)
Sports Scientist, Strength & Conditioning Coach at Brighton and Hove Albion FC



Alfredson Hakan
Umea (SWE)
Orthopaedic Surgeon, Professor in Sports Medicine, Umea University, Head of Alfredson Tendon Clinic Umeå, Sweden. Consultant Orthopaedic Surgeon, Pure Sports Medicine, London



Andersen Thor Einar
Oslo (NOR)
Sports Medicine Physician and Specialist in Physical and Rehabilitation Medicine Chief Medical Officer Norwegian FA and Medical Director of the Norwegian FA Clinic. Professor, Oslo Sports Trauma Research Center - FIFA Medical Centre of Excellence



Angele Peter
Regensburg (GER)
Orthopaedic Surgeon, University Medical Centre, Regensburg and Sporthopaedicum - FIFA Medical Centre of Excellence



Ardèvol Cuesta Jordi
Barcelona (ESP)
Orthopaedic Surgeon. Vice President of the Spanish Society of Sports Traumatology (SETRADE)



Armstrong Neil
Exeter (UK)
Professor of Pediatric Physiology and former Provost, University of Exeter



Askling Carl
Stockholm (SWE)
Researcher and Lecturer, The Swedish School of Sport and Health Sciences, Department of Molecular Medicine and Surgery, Karolinska Institutet, Stockholm



Axe Michael
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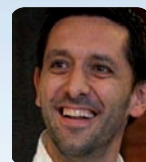
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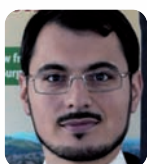
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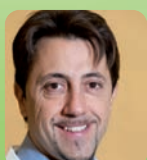
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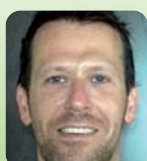
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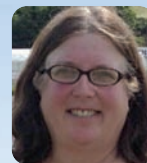
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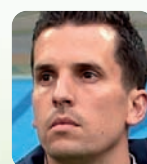
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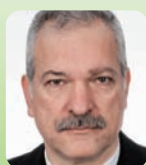
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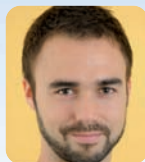
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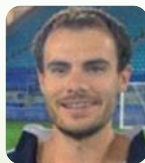
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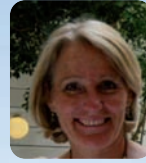
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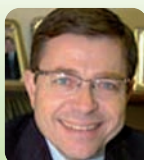
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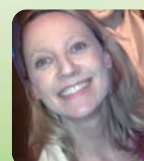
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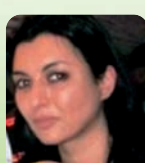
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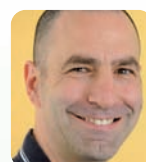
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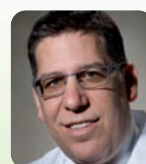
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 Qatar Orthopedic and Sports
 Medicine Hospital - FIFA
 Medical Centre of Excellence.
 Previous professor at Ghent
 University, Head of the
 Department of Rehabilitation
 Science and Physiotherapy



Zaffagnini Stefano
Bologna (ITA)
 Associate Professor of
 Orthopaedics, University of
 Bologna, Rizzoli
 Orthopaedic Institute.
 President SIGASCOT



Zanolli Marco
London (UK)
 Physiotherapist, Isokinetic
 Medical Group - FIFA
 Medical Centre of Excellence



Zaslav Ken
Richmond (USA)
 Orthopaedic Surgeon, Director
 of Cartilage Restoration
 Center: Advanced
 Orthopedic Centers & Clinical
 Prof. Orthopedic Surgery
 V.C.U. Med. Ctr



Zorzi Claudio
Verona (ITA)
 Orthopaedic Surgeon, Sacro
 Cuore Don Calabria Hospital
 of Negrar



Zunarelli Pierpaolo
Bologna (ITA)
 Sports Medicine Physician,
 Isokinetic Medical Group -
 FIFA Medical Centre of
 Excellence

Stay and Transfers

Organise your trip to London in advance and save money. Viaggi Salvadori 1929 – Lufthansa City Center is just a click away, ready to help your planning. Booking online: <http://isokinetic.viaggisalvadori.net/> or email queries at isokinetic2016@viaggisalvadori.it

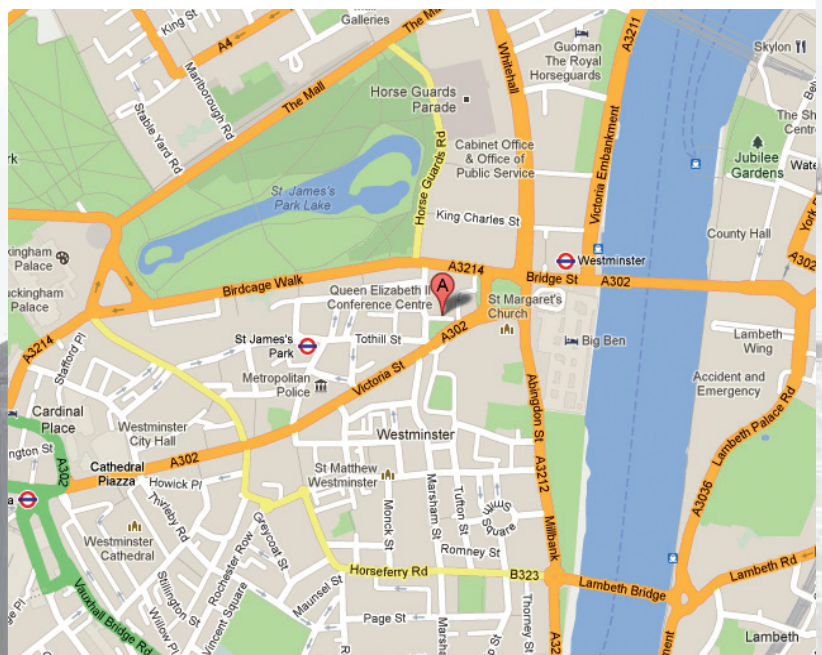
A limited number of rooms are also available at the St Ermins Hotel **** (the closest to the QEII CC)
For further information regarding prices and availability, please email isokinetic2016@viaggisalvadori.it



How To Reach Us

The Queen Elizabeth II Conference Centre

Broad Sanctuary, Westminster, London SW1P 3EE



By Tube

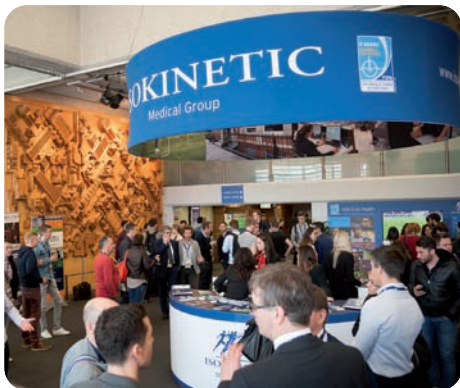
- Westminster – Jubilee, Circle & District lines (160m)
- St James' Park – Circle & District lines (160m)
- Victoria – Victoria, Circle & District lines (0.7mi / 1km)



By Rail

- Exit all stations towards Westminster Abbey
- Charing Cross (0.7mi / 1km)
 - Victoria – for Gatwick Airport (0.7mi / 1km)
 - Waterloo (1mi / 1.6km)

Commercial Opportunities



Isokinetic Medical Group welcomes all companies to participate as commercial partner. There are many options to choose, including the hire of exhibit spaces, inserts in delegate bags and an active participation by way of scientific contributions, such as workshops. This is a great opportunity to receive a high visibility and, at the same time, to come into contact with an international audience that is always attracted by new technologies and updated techniques. Our Organising Secretariat is at your disposal to supply customised solutions and to suggest what would work better for your own objectives. Write to conference@isokinetic.com your enquiry or requests, we will be happy to help you.

How to Become Partner



Exhibit spaces

Exhibit spaces are located throughout the Conference centre, in specific areas where the flow of people is enhanced by the presence of conference rooms and the scientific programme.

All the booths are placed in positions that guarantee a high exposure to visitors and allow for enough room to speak and establish connections. The Organising Secretariat will give you the full detailed plans of exhibit spaces, sizes and prices. Don't loose this opportunity!



Workshops

A dedicated conference room is available to hold a private workshop. It will be added to the scientific programme of the Conference and in the final programme that all delegates receive. The workshop is like a "mini-conference" run and organised by yourself, with your own programme. We will give you the room and explain to you the different categories of event that you can run. Here you will have the chance to promote your products or technologies and visitors can sit and listen to your "conference". The time slots available are the same as those given to the session of the official scientific programme, so you can choose the one that you prefer. Ask the Organising Secretariat for further details.

Registration

For online registration please visit www.FootballMedicineStrategies.com and fill the form in the Register section.

ATTENDANCE	Until February 1 st 2016	From February 2 nd 2016
Both Days + Monday Summit	£ 390 / 250*	£ 590 / 350*
Single Day (Saturday, Sunday or Monday)	£ 250 / 150*	£ 300 / 200*

*Valid certifications will be requested filling the registration form

Large groups can contact the Conference Management Team at conference@isokinetic.com for special affiliations.

Groups of students can contact students@isokinetic.com

The registration fee for participants includes:

- Admission to all scientific sessions
- Admission to the exhibition hall and networking area
- Admission to sponsored workshops (dependent on room capacity)
- Conference material (conference bag, abstract book & conference programme)
- Tea & coffee breaks
- Certificate of attendance
- Free Wi-Fi



Payment

Payment for the Conference can be made by credit card or bank transfer. All payments must reflect the registration option selected and deferred payments will not be accepted. Further information is available at www.FootballMedicineStrategies.com

Cancellation

If you need to cancel your registration, please notify us by fax (+39 051 19902200) or by e-mail (conference@isokinetic.com). There is a refund of 75% registration fee before 7th March 2016.

Official language

The official language is English.

Key Dates

Memorandum

Deadline for submission of scientific contributions	January 15th 2016
Deadline for early bird registration	February 1st 2016
Deadline for Best Case Report Award	February 1st 2016
Confirmation of scientific contributions acceptance	February 25th 2016
Online registration finishes	April 7th 2016





www.isokinetic.com
www.FootballMedicineStrategies.com



Education in Sports Rehabilitation and Traumatology



ISOKINETIC MEDICAL GROUP
FIFA Medical Centre of Excellence

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